

Karen's One Page Description



What is Important to Karen:

- Family, pets, garden
- Independence & flexibility
- Having a plan with everyone on the same page
- Words of affirmation
- Being efficient
- Open, honest communication
- An active lifestyle (disc golf, yoga, kayaking)

What People Like and Admire about Karen:



- Outgoing
- Energetic
- Kind, compassionate
- Highly productive
- Good listener



- Open minded
- Active community member
- Hard working
- Good communicator
- Very organized

How Best to Support Karen:

- **Be patient** if I ask you to repeat yourself - I have hearing loss from years of being backstage at concerts
- **Remind me** to slow down and consider more ideas/input from others
- **Tell Me** when I seem spread too thin
- **Be respectful** of my time off - I am an introvert who needs some space to recharge
- **Be understanding** on stormy days - I probably have a really bad headache

For a Good Match, characteristics needed to be present are:

- Positivity/optimism
- Trustworthiness
- Respect for ALL people
- Honesty
- Doing what you say you will do
- Open mind, open heart